



**Personal Development 2024**  
**Overview Year 10**

To enable you to support and consolidate your child's learning and continue these vital conversations at home, please see the overview below.

**AUTUMN HALF TERM 1 : BABIES**

<p><b>Introduction to Personal Development</b></p>	<p>This introductory lessons focuses on understanding Personal Development and its importance. Within this introductory lesson the class with teacher support will establish the ground rules for Personal Development lessons considering that sensitive topics will be addressed. This lesson briefly introduces British Values and Protected Characteristics. Safeguarding and Support at SARCHS are too addressed.</p>
<p><b>Babies Cinema in Education</b></p>	<p>This cinema-in-education session is based on the film Babies which is told in two parts. Annie is 17. She has the world at her feet. Then she discovers that she is unexpectedly pregnant. Joe is 18. He says that she “doesn’t have to stay pregnant” – it’s her choice. As Annie and Joe face their parents with the situation, they receive unexpected reactions, changing their lives and view of the world forever.</p> <p>Babies covers a wide range of theme dealing with teenage pregnancy, abortion, parenthood, relationship, marriage, family life, love and responsibility. It enable young people to understand delicate issues with their hearts and minds.</p>
<p><b>Responding to an unexpected Pregnancy</b></p>	<p>This follow up lesson to the cinema-in-education session, “Babies”, helps pupils to expand their knowledge of how to respond to an unexpected pregnancy and to deepen their understanding about the importance of protecting life before birth.</p>
<p><b>Safe sex or Save Sex</b></p>	<p>This lesson explores one aspect of the story of “Babies” – the topic of “safe sex”. It helps pupils differentiate between facts and myths about “safe sex” and to understand some of the virtues of “saving sex”. It includes clips from the film “Babies” and a filmed interview with a young woman who came to the decision to keep sexual relations within marriage.</p>

**AUTUMN HALF TERM 2 : HEALTHY RELATIONSHIPS**

**An additional lesson was added to autumn 1 to address the UK Riots.**

<p><b>Responding to an unexpected Pregnancy</b></p>	<p>This follow up lesson to the cinema-in-education session, “Babies”, helps pupils to expand their knowledge of how to respond to an unexpected pregnancy and to deepen their understanding about the importance of protecting life before birth.</p>
<p><b>Anti-Bullying –Theme for 2024 – Choose Respect</b></p>	<p>This Anti-Bullying Week pupils will explore and define the concept of respect, including its importance in maintaining positive relationships, how it interlinks with bullying, and how it influences interactions, particularly when disagreements occur. Pupils will identify and practice strategies for managing conflicts and disagreements respectfully, emphasising how to avoid bullying</p>

<p><b>Safe sex or Save Sex</b></p> <p><b>Remaining lesson</b></p>	<p>behaviours and maintain constructive communication. Pupils will learn how to recognise and address disrespectful behaviour, including how to support others who are being disrespected, and promote a culture of respect in various settings, including online and in person interactions.</p> <p>This lesson explores one aspect of the story of “Babies” – the topic of “safe sex”. It helps pupils differentiate between facts and myths about “safe sex” and to understand some of the virtues of “saving sex”. It includes clips from the film “Babies” and a filmed interview with a young woman who came to the decision to keep sexual relations within marriage.</p> <p>Time allocated to catch up lessons from Autumn 1 and 2</p>
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