St Augustine's RC High School

Dear families and friends of St. Augustine's,

Vewsletter 2023/24

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We concluded St. Augustine's 60th anniversary celebrations on Thursday and were delighted to welcome Right Reverend Bishop John Arnold to celebrate our 60th anniversary Mass. We were joined by current and former staff, pupils, parents, Clergy and Governors to celebrate our wonderful school.

Our Year 11 pupil's preparation, conduct, and attitude to their exams have been exemplary and we are confident their hard work will be reflected in their summer results. We wish them the best in their upcoming final exams. This week I had the privilege of meeting our new Year 11 pupil leadership team. These young people are a credit to their families and I do not doubt that they will make a significant contribution to our school. Congratulations on this fantastic achievement!

Tickets are now available for the production of Shrek. I have been fortunate to hear some of the pupils rehearsing and can assure you that we are in for a treat. Please secure your tickets as soon as possible to avoid disappointment (<u>www.ticketsource.co.uk/sarchsmusicals</u>).

Congratulations to all who participated in our hugely successful Sports Day. We are very proud of all our young sportsmen and sportswomen, and all of their peers who supported them on the day.

A parent/carer consultation has been sent to all families to allow them to share their thoughts on our Relationship, Health and Sex Education (RHSE) curriculum. Parental input in this process is invaluable as we strive to provide a comprehensive, Catholic RHSE education as part of our personal development curriculum. I would be grateful if parents and carers could take the time to complete this before 24th June.

We heard in last Sunday's Gospel (Mark 3:20-35), that we are all children of God and should see everyone as our brothers and sisters. Celebrating our 60th Anniversary Mass, with our wider St. Augustine's family this week was a joy and exemplified the strong sense of family that exists in our school.

Thank you for your continued support and I hope you enjoy the read.

With every blessing for a restful weekend,

Mrs Hunt



FIDEI-HEREDES

Key Dates

Tuesday 18th June – Isle of Arran Meeting – 6.00pm Wednesday 19th – Sunday 23rd June – Year 9 Paris Trip Monday 24th – Friday 28th June – Year 10 Work Experience Thursday 27th – Sunday 30th June – Year 7 Le Touquet Trip



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Celebrating SARCHS!

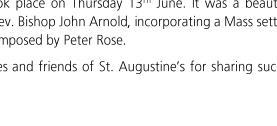
Our 'Celebrating SARCHS' Young Enterprise team are now selling the anniversary edition, sustainable wildflower pens. These pens will raise funds so that we can produce our 60th anniversary Ephemera! Just £2.00 each and available during lunch and break in school. They are also available to buy on Scopay.

The Ephemera will be available to pre-order from Monday next week, please keep an eye on your emails and social media for further information.

60th Anniversary Mass

The 60th Anniversary Mass took place on Thursday 13Th June. It was a beautiful service Celebrated by The Rt. Rev. Bishop John Arnold, incorporating a Mass setting specially commissioned and composed by Peter Rose.

Thank you to all of our families and friends of St. Augustine's for sharing such a special Mass with us.







Year 10 Work Experience will take place 24th – 28th June.

Thank you to those families that have completed all of the relevant paperwork and returned it to school. We are just outstanding a handful of documents, if we can kindly ask that these are returned no later than Monday 17th June.

We are very much looking forward to hearing the success stories!

Year 10 Gallery Visit

The Art and Design department took year 10 Art and Graphics pupils to Liverpool this week. During the visit, pupils had the opportunity to visit the Walker Gallery and explore Albert Docks, where there were plenty of opportunities for photographs. There was then a visit to Liverpool Museum to see the installations on display there. Pupils were then taken to Liverpool One for an evening meal and a spot of shopping. What a fantastic but hectic day for all involved!

Sports Day 2024

Our annual Sports Day was enjoyed by all on Thursday 13th June. As always it was a super successful event, organised fantastically by the PE department.

More photo's will be published in the next Newsletter.



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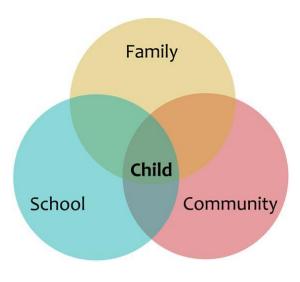
21st Century Parent

We are fortunate enough to have secured a number of external agencies to come into school on the evening of Wednesday 19th June at 6.00pm to offer advice, help and support to our parents in an ever-changing world!

Being a parent in the 21st century comes with a whole host of challenges. We would like to help you address some of these by offering information from some of our partners.

We will have colleagues from the Child and Family Wellbeing Service, We Are with You (vaping/smoking/substance abuse support), Police and NEST, to name just a few. We are hoping we will have representatives to also discuss support for Mental Health and on-line safety.

We hope you can see the benefits this information will offer and the great opportunity this will bring for you to know what support is available in and out of school. An email has been sent to families with instructions on how to sign up for the event.



100% Attendance

In school there is a clear link between attendance and success. Excellent attendance and punctuality are essential for thorough exam and assessment preparation. Pupils with excellent attendance and punctuality are more likely to achieve or beat their targets at GCSE than those whose attendance is a cause for concern. Our best results correspond with our highest attendance levels. This is why our attendance target of 100% is so important.

To encourage our pupils, and create some healthy competition, we now have an attendance competition each week. Every pupil that has 100% attendance for the week will be put into their year group draw, with a voucher up for grabs, but you will need to be in the following week to collect your prize during your year group assembly. Pupils are absolutely loving this incentive and attendance has been great so far this academic year, we thank parents and carers for their support with such an important matter.

Lateness

Pupils who arrive persistently late to lessons will be given an Amber detention. Further incidents of being late will result in pupils being placed on a weekly punctuality card and making the time up on a Monday, during an after-school detention.

Every School Day Counts		
FIDEI-HEREDES		
0 days off school	> 100%	Perfection
Equates to 2 days off school each year	99%	Excellent
Equates to 5 days off school each year	97%	Good
Equates to 10 days off school each year	95%	Slight Concern
Equates to 20 days off school each year	90%	Concerned
Equates to 30 days off school each year	85%	Very Concerned
5 days absence over the whole year 97% - 100% Good chance of success	20 days absence over the whole year 90% Less chance of success.	20 + days absence over the whole year Under 90% Detrimental to success and
	Harder to make progress Every Minute Count LATENESS = LOST LEARNIN igures below are calculated over a schor 5 minutes late each day = 3 days 0 minutes late each day = 6.5 days 5 minutes late each day = 10 days 0 minutes late each day = 13 days 0 minutes late each day = 19 days e at the classroom on and ready to learn	G ol year) lost! s lost! s lost! s lost! s lost! time



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RE Visits

The first of our RE trips to different places of worship started as Year 7 pupils visited the Masjid-e-Salaam in Preston followed by a visit to St Mary's RC Church in Bamber Bridge. Pupils learned about the different areas and practices within the Mosque, including the Wudhu washing area, the main prayer hall and even had a session looking at Arabic calligraphy. At St Mary's, pupils enjoyed a scavenger hunt around the grounds followed by the celebration of Mass and a question session with Fr Mark. A great day was had by all!

Year 8 went out on the second of our RE trips to places of worship. Pupils visited the Hindu Gujurat Society Mandir in Preston and heard all about the different shrines, deities and practices of the community. We then went across to St Mary's in Bamber Bridge for a treasure hunt around the church and a question and answer session with Fr Mark.

Our final RE trip to experience different places of worship took place, with Year 9 visiting the Jewish Museum in Manchester. Pupils enjoyed learning about a synagogue, the features and practices of the Jewish community, the history of Judaism in Manchester, Shabbat, Festivals and even had a go at plaiting their own Challah loaves!





St Augustine's RC High School production of

9th to 11th July 2024 at 7PM



BOOK NOV

SHREK THE MUSICAL

Based on the Dreamworks Animation Motion Picture and the book by William Steig

Book and Lyrics by DAVID LINDSAY-ABAIRE

> Music by JEANINE TESORI

Originally produced on Broadway by DreamWorks Theatricals and Neal Street Productions

This amateur production is presented by arrangement with Music Theatre International All authorised performance materials are also supplied by MTI www.MTIShows.co.uk

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Science and Maths Primary School Quiz

Thank you to all the staff, pupils and families that made our annual Science and Maths Quiz a great success! Well done to St Mary's RC Primary School, Langho who secured another win after one of the closest finals in recent years and also to Mrs Hunt for her brilliant debut in the Headteacher's round!

Important information from the National Crime Agency

All schools in the UK have recently been sent information from the National Crime Agency, raising awareness of the recent rise in reporting of financially motivated sexual extortion (a type of online blackmail often known in the media as 'sextortion'). Children and young people worldwide are being targeted.

This type of crime involves an adult offender (often from an organised crime group based overseas) threatening to release nude or semi-nude images and/or videos of a child or young person, unless they pay money, or meet another financial demand, such as purchasing a pre-paid gift card.

Victims of any age and gender can be targets, however a large proportion of cases have involved male victims aged 14-18. A child or young person is never to blame if they have been a victim. Offenders will have tricked, groomed and/or manipulated them into sharing an image.

Find out more about online blackmail on CEOP Education's parents and carers website.

Talking to your child

National Crime Agency

It's important to have frequent, open and non-judgemental conversations with your child about relationships, sex and being online to build trust and support them if something goes wrong. Financially motivated sexual extortion should be included in those conversations. Here are some tips about how to approach this:

• Chat regularly about their life online: have ongoing conversations with them about their life and time online. Continue to take an interest as they grow, explore new apps and sites together and talk in a balanced way, considering the benefits and the potential harms.

Talk about where to find information about relationships and sex: organisations like CEOP Education,

Childline and Brook have age-appropriate advice topics such as sexual communication and image sharing.

• This will help your child to understand what unhealthy relationships look like, such as applying pressure and blackmail; and give them trusted sources of information to explore these topics.

Review privacy settings: talk to your child about the importance of using privacy settings on their

accounts to restrict who can contact them. Read CEOP Education's advice on how to talk your child about their privacy settings.

Make sure they know where to go for support: let them know that they can come to you with any
concerns and won't be judged. It's also important to make them aware of other trusted adults or sources of support, if they
feel they can't talk to you, such as Childline.

10 Top Tips for Parents and Educators FAIR PLAY AND FRIENDLY COMPETITION

In school sports, fair play and friendly competition are important for character development. Fair play embodies respect and integrity while good-natured competition balances rivalry with camaraderie. This guide addresses potential challenges — like the pressure to win — and offers practical tips on instilling values of fair play and cultivating a positive sporting environment for young athletes.

ORANGE

LGREEN TEAM

1 LEAD BY EXAMPLE

Parents, corrers and leachers should try to exemptify fair play, demonstrating respect for opponents, coaches and officials. Children frequently learn by observing adult behaviour, so displaying a sense of fair play sets a powerful precedent for them to fallow in their own actions on and off the field.

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2 EFFORT OVER

Encourage children to focus an giving it their all, rother than basing their entire performance on whether they also chat. This fosters a growth mindbet, where the journey and the process of improvement are valued just as much as the end result. It also reduces the pressure to "win at all costs", which can be a harmful autook in some situations.

3 SET CLEAR EXPECTATIONS

Establish clear guidelines and expectations for behaviour before, during and after sporting events. Ensuring that children understand what is considered occeptable conduct helps prevent misunderstandings and promittes a positive, respectful atmosphere.

4 HIGHLIGHT COOPERATION

Underline the value of teamwork and cosperation in achieving success. Success isn't just about individual achievements, but about how well the team communicates, encourages each other and works tegether towards a common goal. A strong facus on cooperation fasters comanderie and mutual support among players.

5 DISCUSS ACCEPTING DEFEAT

Help children to understand that they can't win every contest – that losing occessionally is a natural part of both sport and life in general. Teaching them to accept defeat gracefully and form hom their mistakes promotes realilence, humility and the oblight to bounce back stranger from setbacks. faiting a loss in one's stride is also an admirable trait and can help children and young people gamer respect in their future free.

Meet Our Expert

Coroline Holder is a PE consultant based in Staffordshire. Having warked across all age ranges delivering PE in schools, she now trains teachers and works with schools to develop their provision and ensure it achieves maximum impact for pupils. She passionately believes in the impact that PE, sport, and activity can have on children.

Source: See full reference list on guide page of hitse (Instandicallege com/guides) trendly competition

6 ENCOURAGE INCLUSIVE

Premate an environment where all children feel welcome and valued, regardless of their skill level. Priorities the importance of participation and enjoyment over winning, creating o supportive atmosphere where every child can thrive and develop their oblittles without unnecessory pressure.

FOSTER CONFLICT RESOLUTION SKILLS

Teach children how to resolve conflicts peacefully and respectfully, both on and off the field. Providing them with strategies for effective communication and problem solving helps build strategie relationships and enhances their ability to navigate challenges, which can be a huge boon to them throughout their adult lives.

8 TEACH RESPECT

Emphasise to children the importance of respecting everyone involved in the game, regardless of the subcome. Respect for your tearmartes, oppenents, coaches and officials helps to create a positive, inclusive sparts anvironment where everyone can feel valued and appreciated.

9 GIVE CONSTRUCTIVE FEEDBACK

FEE UBACK Offer feedback that focuses on areas for improvement rather than unfiltered criticism. Proise what a child has done well and advise on haw to improve, rather than simply pointing out abortcomings. Encouraging a growth mindset ond highlighting progress helps children to develop confidence, resilience and a desire to continue striving for excellence.

10 CELEBRATE GOOD SPORTSMANSHIP

Try to evoid salely drawing attention to children's physical performance on the field. Recognise and celebrate acts of sportamonship for play and kindness, too. By spotlighting positive behaviour, you reinforce the importance of such conduct and inspire children to practise this in the future, creating a culture of respect and comoroderic within the sports community that does wonders for morois.

> The National College

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Sporting Success!

- Well done to our Year 8 Northern GAA Games Gaelic Football Shield Winners 2024 they played fantastically and had an excellent day!
- It was the final competition for Charlie in Y11 who bowed out of school's sports by becoming Lancashire Schools 100m Champion! A superb achievement!
- A massive congratulations to two of our Y10 students, Jack and Tom who were part of the Hyndburn and Ribble Valley district football team that were crowned Lancashire champions. A great achievement to end a very successful season for both them and the team!
- Congratulations to our fabulous U'15 cricket team who progressed into the next round of the Lancashire Plate competition today with a very good win against the West Craven High team
- Another huge well done to Sophia B who played for England against the Netherlands over the half-term. Amazing to see pupils from St. Augustine's doing so well in the sporting arena.
- The Sports Award Evening will take place Tuesday 2nd July, further details to follow.



Useful Resources and Support

Useful Online Safety Websites

National Online Safety – safety guides on ALL aspects of internet use https://nationalonlinesafety.com/

Internet Matters – wide range of online safety advice for parents to keep their children safe on-line.

https://www.internetmatters.org/



<u>Kooth</u> is a free, safe and anonymous online mental wellbeing community which includes a live chat with the team feature, discussion boards, magazines and helpful articles and a daily journal.

Useful contacts to report a concern

If you are worried and need help, then please contact one of the following:

Tel: 0800 1111 Web: www.childline.co.uk www.ceop.police.uk





<u>Papyrus</u> provide confidential support and advice to young people struggling with thoughts of suicide, and anyone worried about a young person. Call 0800 068 4141 or text 07860 039967 (opening hours: 9.00am – 12.00am, 365 days a year) <u>Samaritans</u> are here to listen 24/7, 365 days a year. Call 116 123 for support

SAMARITANS

Online Resources

There are apps available, such as 'Calm Harm' and 'Clear Fear' that you can download to your mobile, or if you have a tablet. These can provide useful distraction techniques for managing anxiety and thoughts of self-harm.

Useful Contacts

- The Mental Health Crisis Line in Lancashire are available 24/7 over the phone and can be contacted on 0800 953 0110
- The Well-Being Helpline is available Monday Friday, 7.00pm 11.00pm plus Saturday & Sunday 12.00pm 12.00am, it is staffed by volunteers who can offer emotional support or if you would like to chat about your mental health. This helpline can be reached on 0800 915 4640 or by texting the word 'Hello@ to 07860 022846
- Hopeline UK is a young person's suicide prevention charity. They can be called on 0800 068 4141 or text 07860 039967
- www.youngminds.org.uk Information for children and young people about mental health and wellbeing. Free 24/7 crisis messenger text YM to 85258
- https://www.nhs.uk/every-mind-matters/ advice and practical tips to help look after your mental health and wellbeing.
- www.itsgoodtotalk.org.uk Listings of local counsellors
- www.themix.org.uk The Mix's Crisis Messenger text service is available 24/7 and open to anyone aged 25 or under living in the UK. If you're in crisis and need to talk, text THEMIX to 85258 Helpline: 0800 808 4994
- www.thecalmzone.net Support for young men who are down or in a crisis. Helpline 0800585858
- http://www.centreplace.org.uk/talkzone.htm counselling, live chat on-line or telephone
- www.the-lookout.org.uk Support around domestic abuse for young people and families, run by Children & Family Wellbeing service.
- www.mind.org.uk/information-support/for-young-people Information and support for mental health and wellbeing issues.
- https://mermaidsuk.org.uk Helping gender-diverse kids, young people and their families